

Introduction

I hope you have all been keeping well during this difficult time and enjoying your on line learning. We are all looking forward to welcoming you back onto your clinical placements. The hospital will look quite different as we have made changes to ensure safety of our staff and patients. We understand you are likely to be worried about returning to the clinical environment if you have any concerns please get in touch on

sfh-tr.undergraduateteam@nhs.net

There will obviously be changes made in relation to teaching and patient contact during your placement and these will be discussed fully with you during your specialty induction.

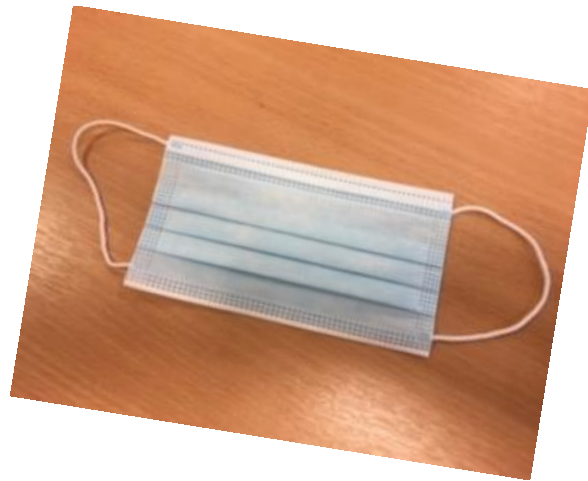
Overall there needs to be a balance between your training and the safety to you, staff and patients. We have all been through a huge change process which is on-going as we try to restart our usual services. The situation can change and change rapidly; therefore, your clinical training may feel quite different to how it did previously, we ask you are patient and flexible as we all navigate through this together.

Please take time to read through the advice outlined below and keep up to date with the hospital PPE guidance. It is important that we all as health care professionals set an example to others in terms of social distancing and PPE use.

Dr Nicola Downer
Clinical Sub Dean

Practical changes to placement due to Covid19:

On arrival to the hospital you will need to use the hand sanitizers present and put on a facemask (this will be provided at the front door). Local policy states that surgical masks are to be worn throughout the hospital apart from areas that have been risk assessed as COVID secure.



Arrows have been placed in main corridors to assist with social distancing.



You can attend the education centre in your normal clothes, but need to change into scrubs to access clinical areas. These will be available and further details will follow.

Scrubs will be need to be worn in any clinical areas and changing areas will be identified. Scrubs are not to be worn outside of the hospital, including walking to and from the accommodation. You will be provided with a locker, please bring your own padlock. Please return scrubs at the end of your placement. DO NOT take scrubs to the accommodation or leave them lying around the hospital.

There are also showering facilities if you should need them, in the theatres changing room and a shower block outside of Entrance 4.

There are Red and Green areas in the hospital and the expectation is that you will only be accessing Green areas.

When seeing patients in clinical areas you need to wear a facemask, if you examine the patient you also need to use an apron and gloves – see attached for how to put these on and a demonstration will be given.

If you are going to be exposed to aerosol generating procedures you will need to use full PPE, this involves an FP3 mask, visor, full length apron and gloves. To use an FP3 mask you need to be FIT mask tested, if you are going to attend an aerosol generating area this will happen before you access this area. You also need to have been trained in donning and doffing. This will be done as a practical session but please see attached. (Donning and doffing guidance).



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Putting on personal protective equipment (PPE) for non-aerosol generating procedures (AGPs)*

Please see donning and doffing video to support this guidance: <https://youtu.be/eANIs-Jdi2s>

Pre-donning instructions:

- Ensure healthcare worker hydrated
- Remove jewellery
- Tie hair back
- Check PPE in the correct size is available

- 1** Perform hand hygiene before putting on PPE.



- 2** Put on apron and tie at waist.



- 3** Put on facemask – position upper straps on the crown of your head, lower strap at nape of neck.



- 4** With both hands, mould the metal strap over the bridge of your nose.



- 5** Don eye protection if required.



- 6** Put on gloves.



*For the PPE guide for AGPs please see:
www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control



Public Health
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Quick guide

COVID-19

Putting on (donning) personal protective equipment (PPE) for aerosol generating procedures (AGPs)

This is undertaken outside the patient's room.

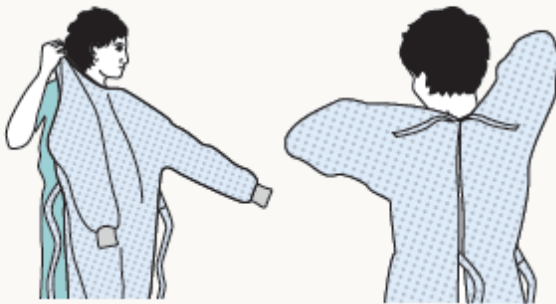
Pre-donning instructions

- ensure healthcare worker hydrated
- tie hair back
- remove jewellery
- check PPE in the correct size is available

Perform hand hygiene before putting on PPE

1

Put on the long-sleeved fluid repellent disposable gown



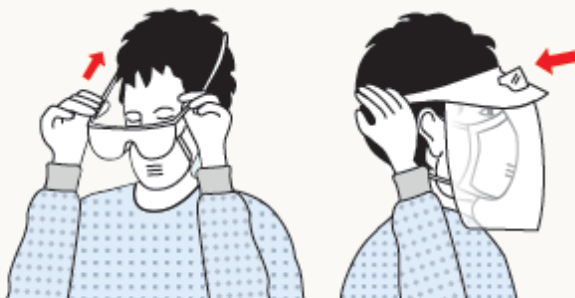
2

Respirator
Perform a fit check.



3

Eye protection



4

Gloves





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Quick guide

COVID-19

Removal of (doffing) personal protective equipment (PPE) for aerosol generating procedures (AGPs)

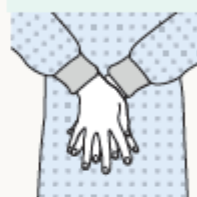
PPE should be removed in an order that minimises the potential for cross contamination.

The order of removal of PPE is as follows:

1

Gloves –

the outsides of the gloves are contaminated



Clean hands with alcohol gel

2

Gown –

the front of the gown and sleeves will be contaminated



3

Eye protection –
the outside will be contaminated



4

Respirator

Clean hands with alcohol hand rub. Do not touch the front of the respirator as it will be contaminated



5

Wash hands with soap and water



Aerosol generating procedures

- ☐ Intubation
- ☐ Bronchoscopy
- ☐ non-invasive ventilation (NIV)
- ☐ High Flow Nasal Oxygen (HFNO), also called opti-flow